

A group of people riding camels across a vast, sandy desert landscape under a bright sky. The scene is hazy and golden, suggesting a sunrise or sunset. The camels are in a line, moving away from the viewer towards the horizon. The riders are wearing traditional or outdoor gear. The overall atmosphere is serene and adventurous.

Your Adventure in the Moroccan Desert

Practical Guide — Étoile du Désert

This guide was created to help you prepare for your trip in the best possible way. Here you will find all the essential information to enjoy an authentic and unforgettable experience in the heart of the Moroccan desert.

Preparing Your Trip: What You Need to Know

A trip to the Moroccan desert is an extraordinary adventure. To enjoy it fully, good preparation is important. This practical guide helps you step by step, from travel documents to what to pack, as well as life at the camp and activities on site.



Travel Documents

Passport, visas, health, and travel insurance.



Equipment

The complete list of must-have luggage.



Camp

Comfort, meals, and daily life on site.



Activities

Hikes, activities, and nomadic culture.

Before You Go: Formalities and Key Information

Passport and Visas

Make sure your passport is **valid for at least 6 months after your travel date**. Check the visa requirements for your nationality before booking your trip. No visa is needed for French citizens.

Health

Bring a basic first-aid kit suited for a desert stay. No vaccines are required for a trip to Morocco.

Travel Insurance

Insurance that covers **medical costs, cancellation, and repatriation** is recommended. Be sure to check your current insurance policies (bank card, home insurance, etc.).

The Essentials

The desert has special conditions: heat during the day, cool nights, wind, and sand. Here is everything you need to travel comfortably and safely.



Clothing

- Light, covering clothes (cotton, linen) for the day.
- Warm sweater or fleece for cool evenings
- Long pants and long-sleeved shirts recommended
- Hiking sandals or hiking shoes (or sneakers)
- Sandals for the camp
- Cheches will be offered for sale shortly before departure (wide choice of colors)




Sun Protection and Accessories

- High-SPF sunscreen
- Sunglasses
- Lip balm with UV protection
- Headlamp with spare batteries
- Power bank
- Water bottle
- Small backpack for excursions (optional)
- A lighter for burning toilet paper



Hygiene & Health


- Personal first-aid kit (disinfectant, bandages, pain reliever, personal medication)
- Refreshing wipes and hand sanitizer
- Your usual medicine kit
- Saline solution is recommended


 Don't forget: in the desert, temperatures can vary by more than 20°C between day and night. Bring layers you can add or remove!

Temperatures in the Desert:

The best time for a walking trip is from mid-September to mid-May, with mild temperatures. The hottest months (mid-May to mid-September) are ideal for 4x4 trips.

Month	Average min	Average max
September	21°	39°
October	16°	32°
November	11°	26°
December	6°	21°
January	5°	21°
February	7°	24°
March	10°	27°
April	14°	32°
May	18°	37°
June	22°	42°
July	26°	46°
August	26°	45°

 *June, July, and August are the camp closure period.*

 The mildest months during the day and coolest at night are December and January. Bring a suitable sleeping bag (0° to 5°) for the nights.

Camp Life: Comfort and Simplicity

Our camps are designed to offer authentic comfort in the heart of the desert. They let you fully experience the desert without giving up comfort.



Comfortable Tents

Spacious, well-equipped tents for restful nights under the starry sky.



Common Areas

Gathering spaces for meals and relaxing, perfect for sharing friendly moments.



Hygiene

Non-drinking water is provided for basic hygiene. A shower is available on the last day in the desert.

Food and Drinks: Flavors of the Desert

Authentic Moroccan Cooking

We offer **tasty, traditional Moroccan food**, prepared with care so you can discover the local flavors. Tagines, couscous, salads, soups, freshly baked bread cooked over a wood fire... every meal is an invitation to travel.

Water

Mineral water is provided at all times throughout your stay in the desert. Staying well hydrated is essential in a desert setting, especially during outdoor activities.

Bring mineral water for the transfers (not provided)



Communication: Staying Connected (or Not!)

Network Coverage

Network coverage can be **limited in some areas of the desert**, but internet is available at the top of the dunes in the desert. Let your loved ones know that you will be offline for a few days!

Enjoy the Disconnect!

This lack of connection is actually one of the most beautiful parts of the trip. Use this time offline to **fully immerse yourself in the experience**: watch the endless dunes, listen to the desert silence, and enjoy a night sky that is rarely this clear.

Respect for the Environment and Local Culture

Traveling in the Moroccan desert also means committing to protect a fragile environment and respect traditions that go back thousands of years.

Eco-Responsible Approach

Take a respectful approach to the environment: **leave no trace behind**. Take your trash with you and do not pick plants.

Respect for Local Customs

Respect the traditions and way of life of the communities you meet. Ask permission before photographing people for the first time.

In town, remember to bargain for what you buy, and a smile and a word in Moroccan Arabic will also make everyone happy!

During Your Stay: Activities and Discoveries

Your stay with Étoile du Désert is filled with unique experiences, between nature, adventure, and human encounters.



Hikes

Each day, walk several kilometers to discover the desert



Exploring the Dunes

Discover the many faces of the Moroccan Sahara. Climb to the top of the dunes to admire the sunsets



Evenings Under the Stars

Music, dancing, and stargazing. The desert has no light pollution, so enjoy it!



Nomadic Culture

The traditional nomad tea, bread cooked in the sand over coals, songs, and family stories

An Unforgettable Journey Awaits You!

We are here to help with any questions and to make your trip a memorable experience. Feel free to contact us for any special request or additional information.

A Question?

Our team is available to help you prepare for your stay.

Our Promise

To make every trip a personal, authentic, and unforgettable adventure.

Safe Travels!

The entire Étoile du Désert team wishes you a wonderful stay in Morocco.

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